



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY COMBINED ARMS SUPPORT COMMAND  
2221 ADAMS AVE  
FORT LEE, VIRGINIA 23801-2102

JUN 02 2020

ATCL-CG

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Combined Arms Support Command (CASCOM) Policy on the Restriction of Movement for Professional Military Education Students, Functional Course Students, and Permanent Party Soldiers Arriving via Non-Sterile Transportation and Residing On-Post (Conditional Release Category Two)

1. References.

- a. Army Regulation 600-20, Army Command Policy, 6 November 2014.
- b. Uniform Code of Military Justice (UCMJ), 10 U.S.C. 801-940.
- c. CASCOM General Order #1, Prohibited Activities for Fort Lee Military Personnel during the COVID-19 National Emergency, dated 2 April 2020.
- d. Centers for Disease Control and Prevention (CDC) COVID-19.  
<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

2. PURPOSE. The CDC considers the 2019 Novel Corona Virus (COVID-19) infection to be a communicable disease of public health threat. Health experts believe it takes anywhere from 2 to 14 days after exposure for a person to develop symptoms of COVID-19. It is unknown whether Servicemembers traveling via non-sterile transportation to Fort Lee, VA, have been exposed to COVID-19. This policy establishes a health protective mitigation action that separates Servicemembers with a low risk of exposure from the public in order to prevent the spread of COVID-19. This policy outlines steps to minimize the chances of spreading COVID-19 and obligations on individual Servicemembers and their Chains of Command. It also establishes protocols for interactions with local health departments. This policy is necessary to maintain good order and discipline, health and safety, and ensure optimum readiness. The conditions and restrictions outlined in this policy are known as Conditional Release Category 2.

3. APPLICABILITY. This policy applies to Professional Military Education students, functional course students, and permanent party Soldiers who arrive in Fort Lee, VA, via non-sterile transportation and reside in on post accommodations. These Servicemembers will remain bound by the terms of this Policy until cleared by their Chain of Command. The minimum Restriction of Movement period is 14-days from arrival to Fort Lee, VA. Symptomatic Servicemembers may be restricted for a longer period of time.

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4. SPECIFIC REQUIREMENTS. All Servicemembers subject to this policy will, for the course of this directive:

a. Subject to the exceptions specified below, remain on post and in the room or residence provided for them.

b. Do not allow visitors into your room / residence.

c. As much as possible, separate yourself from others, including those in your family, and maintain a minimum distance of at least 6 feet.

d. If sharing a living space with another individual, use a separate bedroom and a separate bathroom, if available.

e. Clean your hands regularly (as described in paragraph 4m. below).

f. Regularly clean and disinfect frequently touched surfaces. Follow the manufacturer's instructions when using cleaning and disinfectant products.

g. Do not share dishes, drinking glasses, eating utensils, towels, or bedding with other people in your room. After using these items, they should be washed thoroughly with soap and water.

h. Laundry will be done under social distancing guidance. Only one person will be allowed in the laundry room at a time. Ensure to place a sign that states the room is occupied. You will disinfect the laundry room every time you exit the laundry room.

i. Garbage should be bagged and placed in routine trash receptacles. Special handling is not required.

j. Exercise is authorized outside only, but you must practice social distancing and remain 6 feet away from others and must wear a mask if within 6 feet of another individual.

k. Smoking is authorized, however only in unoccupied, designated smoking areas. Servicemembers will wear a mask to and from the designated smoking area.

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l. To the extent that travel is authorized, you will not use public transportation (bus, taxi, ride share, etc.)

m. Cover your mouth and nose with a tissue when you cough or sneeze. Dispose of all used tissues in a lined trashcan and wash your hands with soap and water for at least 20 seconds. If soap and water are not available, immediately clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used if your hands are visibly dirty.

n. Travel for essential medical services and travel related to establishing a new residence, as described below, are the only authorizations for you to travel off-post.

5. MANDATORY HEALTH MONITORING. Servicemembers subject to this policy will abide by the following health monitoring instructions until the 14-day period has lapsed AND they are cleared by their Chain in Command.

a. All Servicemembers will take their own temperature twice daily and record the results on the Health Monitoring Worksheet (Encl 1). Servicemembers who do not have thermometers will notify their Chain of Command and monitor whether or not they feel feverish. When assessing temperature, do so at the same time each morning and evening. Do not eat or drink 30 minutes prior to checking temperature and do not take fever-lowering medications unless directed by a medical provider. If taking fever-lowering medications under medical direction, note the same on the log.

b. Servicemembers will remain alert for, and record the presence of, fever, cough, difficulty breathing, chills, muscle pain, sore throat, sudden loss of taste or smell, nausea, vomiting, and diarrhea.

c. Each Servicemember will provide their Chain of Command with a phone number where they can be reached and will be available to talk with his/her Chain of Command when they call or communicate. Each Servicemember will update his/her first line supervisor within his/her Chain of Command daily of their conditions, regardless of symptoms.

d. If the Servicemember feels feverish or develops other compatible symptoms at any time and are not certain whether he/she should seek medical care, he/she will call the Chain of Command immediately. The Chain of Command will coordinate with the

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Kenner Army Health Clinic and/or local health departments to determine what the Servicemember should do next.

e. In the event of extreme illness or medical emergency, Servicemembers should call 9-1-1 and inform the operator and ambulance crew about possible COVID-19 exposure. The Servicemember will also alert his/her Chain of Command as soon as possible.

#### 6. OBLIGATIONS ON THE CHAIN OF COMMAND.

a. The Chain of Command of every unit will review this directive before the arrival of any Servicemembers and will contact CASCOM G3 with any questions about this directive.

b. The Chain of Command of every unit will provide each Servicemember with the phone number for the Servicemember's first line supervisor as well as contact information for medical services for the Servicemember to contact if they have questions or concerns about their health.

c. The Chain of Command of every unit will ensure that the Servicemember is provided with a copy of this Policy as well as any other relevant instructions.

d. The Chain of Command of every unit will communicate regularly with any relevant Servicemembers while they are subject to this directive. Communication will involve phone calls or an electronic-based method. The Chain of Command will answer or locate answers to any questions.

e. The Chain of Command will inform the Servicemember when the Restriction on Movement is terminated.

f. In the event that the Servicemember cannot organize his/her own transportation for a medical appointment, the Chain of Command will arrange for transportation.

7. ESSENTIAL MEDICAL SERVICES. Essential services, such as going to a doctor's office and getting medications are not restricted, but, whenever possible, should be done in a way that minimizes activities in public. Absent an emergency situation, the Servicemember must coordinate with the Kenner Army Health Clinic and his/her Chain of Command before utilizing essential services.

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a. If an appointment is advised, the Servicemember will call ahead to ask for any specific instructions, and ask if scheduling the appointment during non-peak hours is an option. Entering a medical care facility is not a valid reason to remove a facemask unless directed to do so by a medical provider.

b. For pharmacy prescriptions, the use of pharmacies with drive-through services is strongly recommended. Servicemembers must receive approval from their Chain of Command prior to visiting a pharmacy.

c. If possible, and if it is not a medical emergency, the Servicemember will drive himself/herself to the appointment or have a family member or friend who is abiding by the same Restriction of Movement protocols drive in a private car; all occupants will wear a facemask. The Servicemember will bring all paperwork (for example: fever chart and local health department contact information) and provide all documents to the medical staff.

d. If the Servicemember has no other transportation available, the Chain of Command will arrange for transportation. In some cases, transport by ambulance may be needed.

e. If it is determined that the Servicemember should go to an emergency department for further evaluation, the Servicemember's health department contact will call the emergency department and tell them to expect you. When the Servicemember arrives at the emergency department, he/she will go directly to the receptionist to be placed in a private room. He or she will ask the emergency department staff to inform the local health department so they know the Servicemember has arrived and is being evaluated.

8. MEALS. Soldiers are authorized to use drive thru services in order to procure their meals. The commissary on post has a drive thru service to provide groceries for Soldiers. The phone number for this service is (804) 734-7188 or (804) 734-7244. Please call ahead in order to receive specific instructions on how to coordinate this service. Any time you are using drive thru services you must wear a mask in your vehicle.

9. HOUSING. Soldiers arriving via PCS orders are authorized to conduct essential services necessary to establish their household. Essential services include working with the installation housing office to obtain keys for their on-post residence, and receiving their household goods shipment. If a Soldier desires to reside off-post, they

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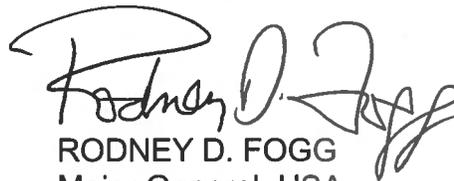
may work with a real estate company to conduct virtual tours and obtain keys for their residence. If a Soldier obtains a residence off-post their Conditional Release Category will change from two to three once they begin residing in their off-post residence. They must adhere to the requirements outlined for Conditional Release Category three for the remainder of their 14-day period. Soldiers must wear a mask and maintain social distancing to the extent possible while conducting any in-person activity related to establishing their residence.

10. PUNITIVE ORDER. The provisions of paragraphs 4 through 9 are punitive. Servicemembers who violate this order may be subject to punishment under the Uniform Code of Military Justice or by other adverse administrative actions.

11. The points of contact for this Policy is Kenner Preventative Medicine OIC at (804) 734-9159 or CASCOM G3 at (804) 765-1458.

2 Encls

1. Health Monitoring Worksheet
2. General Order #1



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